# Walmart > Health

# Virtual Care

# Welcome to healthcare virtually anywhere

Sign in online to get started.



Member/Patient Services: (855) 636-3669

#### wmthealth.com/allstatebenefits

Member ID: SSN

Minor dependents supported through primary member's account.

Virtual Urgent Care Virtual Talk Therapy (18+)





### Your Virtual Care Plan Includes:



# **Urgent Care**

Adults and children can be diagnosed and treated 24/7 for routine health issues, such as cold and flu.



# Talk Therapy (18+)

Speak with a licensed therapist and get help in as few as 72 hours for emotional and behavioral health issues.

\*Therapists do not write prescriptions.

# Our providers can help with:

- Allergies
- Skin infections
- Sinus infections
- Medication refills
- Depression
- Anxiety
- Stress
- · And more

#### What

What's telehealth? A service that helps you to reach a medical provider or therapist for a virtual visit by phone (where permitted) or online.

**What's a visit fee?** This is what you pay for each visit. Your visit fee for Walmart Health Virtual Care will cost from \$0 to \$38, depending on your plan design.

#### Who

Who can use the service? Walmart Health Virtual Care is available to you, your spouse/domestic partner, and children up to the age of 26.

Who will I see? Medical care is provided by our licensed and board-certified physicians, physician assistants and nurse practitioners, while licensed therapists provide talk therapy to members 18 years+. Our accredited team of providers averages 17+ years of clinical experience.

## When

When should I use telehealth? When you need medical attention for a minor health concern anytime, day or night, at home or when traveling — or when facing an emotional or mental setback, we provide a convenient, discreet way to get help on your schedule.

When can I use Virtual Care? Medical care is available 24/7—365, and therapy visits can be scheduled in as few as 72 hours.

#### How

**How do I save more money?** Walmart Health Virtual Care provides a convenient and less expensive alternative to costly ER and urgent care visits, as well as access to affordable therapy sessions.

#### Where

Where can I use telehealth? From the privacy of your own home, office,

## Register online to start using your Virtual Care benefits:

- Go to wmthealth.com/allstatebenefits and use your SSN as your Member ID for initial account setup. Minor dependents will be supported through the primary member's account.
- Once your account is setup, you can request a visit, review past visits, schedule follow-up, and with urgent care services, have prescriptions sent to a local pharmacy for pick-up.

Walmart Health is comprised of independent physician practices. Walmart Health Virtual Care (WHVC) offers medical and talk therapy services via telehealth to patients nationwide. Telehealth services may vary by state. Telehealth services are provided in accordance with state law by licensed health care professionals, subject to the licensed professionals' judgment. When medically necessary, WHVC providers may prescribe medication that can be picked up at a local pharmacy of the patient's choice; WHVC does not guarantee that a prescription will be written. WHVC providers do not prescribe controlled substances. WHVC is not a pharmacy or an insurance product. Virtual Urgent Care visits are not a replacement for a primary care physician.